

Professional Disclosure Statement

Laura Wulff, LCSW
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Triad Counseling & Clinical Services, LLC
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Qualifications and Background

Laura Wulff has a Masters Degree in Social Work from Edinboro University of Pennsylvania in 2013. She initially got her Bachelor's Degree in 2004 from Wartburg College in Iowa and spent 8 more years working in the field in services including residential services for foster children, transitional services for youth aging out of foster care, and intensive in-home services before deciding to go back to school. She has completed a year long training and was rostered for Trauma Focused Cognitive Behavioral Therapy, an evidenced based training to assist children and youth in addressing Post Traumatic Stress Disorder. After many years of working with children, Laura has chosen to take a break and focus only on adults at this juncture in her career. Laura has worked in the field since 2001 and has worked in private practice since 2016. She is now a Licensed Clinical Social Worker with the License Number C010037.

Professional Counseling Services

Laura Wulff's services include individual counseling for adults of all ages. While she has experience in various areas of mental health and substance abuse, her primary focus is with clients addressing trauma, grief, peripartum and postpartum issues, fertility issues, family stressors and people in the LGBT community. Her therapeutic approach is heavily rooted in client self-determination, in addition to Cognitive Behavioral Therapy, solution-focused, and goal-oriented. She is well-versed in local resources and works to ensure that her clients are well aware of any potential resources available to her clients to ensure their support and success. Laura is known for both her direct approach and sense of humor. If for any reason she does not believe that she has the experience or training necessary to work with your particular difficulty or situation, she will refer you to another mental health professional who is prepared to work more effectively with your presenting concerns.

Length of Sessions/Missed Appointments/Cancellations

Services will be rendered in a professional manner consistent with accepted ethical standards. Sessions are a minimum of 38 minutes and can extend as far as 55 minutes in duration and will be scheduled at mutually agreed upon times. If you must cancel your appointment, please do so promptly so that the appointment time may be given to someone else. There is no charge for sessions canceled at least twenty-four (24) hours in advance. For a cancellation made within twenty-four hours of the appointment, you may be charged. **FOR A MISSED APPOINTMENT WHICH IS NOT CANCELED, A FULL CHARGE IS MADE.** Insurance companies do not reimburse for missed appointments. If no one is available to take your call, please leave a message at (336)882-2812. Messages can be received 24 hours a day.

Fees and Insurance Filing

The billable fee for an initial diagnostic interview is \$225.00. Standard fee for each subsequent session is \$175 and \$150 for sessions with the duration of 38-52 minutes. If you have any questions about billing or insurance,

please contact the office. Cash, personal checks, and credit/debit cards are acceptable forms of payment. As a courtesy, Triad Counseling and Clinical Services, PLLC will file insurance claims on your behalf. If you have a deductible, it is our policy to collect the entire contracted rate for the session and any subsequent sessions until your deductible has been met. However, once the deductible is met, you are only responsible for your portion of the fee thereafter. If your insurance benefits state that you are responsible for a set copay or coinsurance, you will be required to pay that amount on the date services are rendered. Should your insurance program have special arrangements, please discuss this with our Insurance Coordinator. Please remember that the professional services are rendered to you, not the insurance company. In accepting services, you also accept the responsibility of paying for these services should your insurance company pay only a part of the fee or deny the claim altogether. A minimum of 50% co-pay is expected at the time of service if the co-payment is not known.

Smoking/Use of Mind-Altering Drugs of Alcohol

No smoking is allowed in the building. Do not appear for a session under the influence of any mind-altering drugs, including alcohol. Should this situation occur, the therapy session will not take place and you will be charged in full for the session.

Diagnosis for Counseling Clients

The use of a diagnosis is not meant to label people, but is required by insurance companies for the purposes of reimbursement. As such, clients utilizing insurance will often be given a diagnosis that will be made as a part of the client's permanent insurance record.

Confidentiality

All of our communication becomes part of the clinical record, which is accessible to you upon request. I will keep confidential anything you say as part of our counseling relationship, with the following exceptions: (a) you direct me in writing to disclose information to someone else, (b) it is determined you are a danger to yourself or others (including child or elder abuse), or (c) I am ordered by a court to disclose information.

Office Staff

Triad Counseling and Clinical Services, PLLC administrative staff hours are Monday-Friday 9:00 am to 5:30 pm and are available to address scheduling, billing and insurance questions.

Emergency Situations:

Triad Counseling and Clinical Services is NOT an emergency mental health provider. Office Staff are not trained to handle mental health crisis situations and Laura is not available 24/7. If you are experiencing an emergency outside of your scheduled session, you are welcome to call or email Laura to inquire about availability prior to your scheduled appointment. Please be aware that she may not be available to respond immediately, at which time you may need to utilize emergency mental health services. This includes but is not limited to:

Suicide hotline: 1-800-273-8255

Suicide textile: text HOME to 741741

Domestic violence hotline: 1-800-799-7233

Local mental health urgent care: 931 3rd Street Greensboro, 336-890-2700 (open 24 hours a day)

Other emergencies: Contact 988

Complaints

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the NASW Code of Ethics (<https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English>). You can contact the North Carolina Social Work Board to file any complaints at their online form, located here: <https://ncswboard.gov/complaint-form/>.

To indicate that you have read and understand the information presented to you, please sign and date this form.

Printed name of client

Date

Signature of client or Legal Guardian

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